

# Newsletter



## A Strategic Approach to Addressing Student Mental Health in Universities

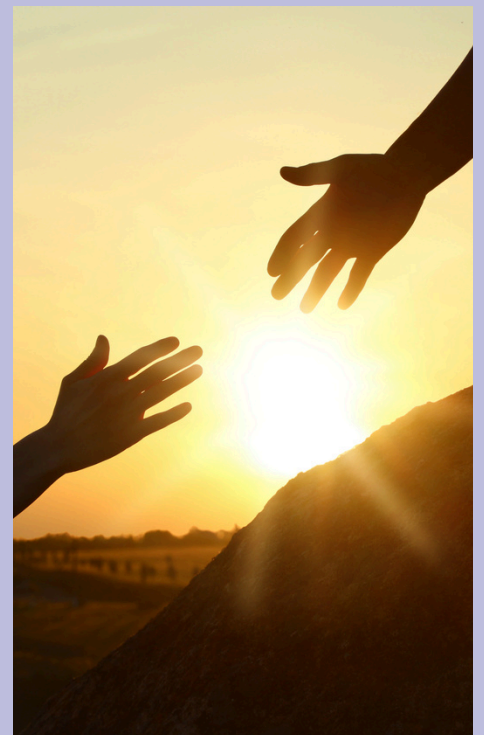


The SUNMENTORS project is well underway, bringing together partners from different countries with a shared goal: to support and enhance mentoring practices in various fields. Collaboration is at the heart of our project, and to ensure its success, regular meetings are held where partners can connect, exchange ideas, and assess progress.

So far, two important meetings have taken place, setting the foundation for a strong and effective partnership. These meetings have allowed us to establish clear objectives, reflect on our achievements, and strategize for the future. Let's take a closer look at these milestones.

### Content

- Kick off meeting in Hatfield, UK
- Meeting in Rome, Italy
- Looking Ahead



# Connecting ideas: A Recap of Two Key Meetings



## Kick-off Meeting in the UK

The project officially started with the kick-off meeting in Hatfield, UK, on February 26-27, 2024. This was a key moment for all partners, as it marked the first time they met in person. The meeting provided an excellent opportunity to introduce each organization's role in the project and set the groundwork for the activities ahead. During the two-day session, participants discussed the project's main objectives, expected outcomes, and the methodology that will guide its implementation.

Brainstorming sessions allowed partners to exchange perspectives, share their expertise, and align on a common vision for SUNMENTORS. The energy and enthusiasm in the room set a positive tone for the collaboration, reinforcing the importance of teamwork in achieving the project's goals.

## Second Project Meeting in Italy

Following months of dedicated work, the second project meeting took place in Rome, Italy, on October 24-25, 2024. This meeting was a crucial checkpoint, allowing partners to assess the project's progress and make necessary adjustments.

The discussions focused on evaluating the work completed so far, analyzing challenges, and identifying opportunities for improvement. Partners shared updates on their respective tasks and presented key findings from the initial stages of the project. This reflective approach helped ensure that all activities remain aligned with the project's overall vision.



Additionally, the team worked on planning the next steps, setting clear action points for the upcoming months. By reviewing and refining the strategy, the partnership strengthened its commitment to delivering high-quality results.

## Looking Ahead

With two successful meetings behind us, the SUNMENTORS project is moving forward with great momentum. The collaboration between partners continues to grow stronger, and we remain focused on achieving meaningful and sustainable outcomes.

Stay tuned for more updates as we continue this exciting journey!



Partners



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